

The Ultimate Baseball Mom



Survival Bag Checklist



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- _____ Sunscreen
- _____ Hat or visor
- _____ Bug spray
- _____ Pain reliever
- _____ Sunglasses
- _____ Water bottle
- _____ Snacks
- _____ Battery operated fan/ mister
- _____ Cash for concession stand
- _____ Blankets
- _____ Extra sweatshirt/ jacket
- _____ Winter hat and gloves
- _____ Lip gloss/balm with SPF
- _____ Cooling towel
- _____ Hand sanitizer
- _____ First Aid kit (with gloves, spirits of amonia, athletic tape)
- _____ Rain poncho
- _____ Ice packs
- _____ Gum/mints
- _____ Tissues
- _____ Wipes
- _____ Roll of toilet paper
- _____ Umbrella
- _____ Towel for bleachers
- _____ Portable phone charger
- _____ Eye drops
- _____ Small toys for young kids
- _____ Period kit
- _____ Score book/pen/pencil
- _____ Brush and hair ties
- _____ Small sewing kit
- _____ Dryer sheets (gnats)
- _____ Copy of game schedule
- _____ Directions to fields
- _____ Coach's Phone #

